



HOME *and* COUNTRY

W.I.N.S.

October-December 2017



Mission Statement: The Women's Institutes of Nova Scotia continue to provide opportunities to enhance the quality of life, through education and personal development, allowing us to meet the changing needs of our local and global communities.

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Upcoming Events

**Resolutions Due
Jan 31, 2018**

**Scholarship Application
Deadline
March 29, 2018**

**WINS Board meeting
April 3-4, 2018**

**FWIC Convention
July 13-15, 2018**

**WINS Convention
August 1-2, 2018**

Vision Statement

"Learning, sharing, and improving
the quality of life for all"

Submissions

Please note the following deadlines
for submitting articles and photo-
graphs to the 2017 Home & Country
are:

**January 5
April 5
August 5
October 5**

"Editor's Chat"



Dear W.I. Members,

Happy Fall!

Welcome to the last issue for 2017!

We hope you are enjoying all the stories and pictures from around the province. Have we heard from your Branch? Why not submit a short article and a picture or two on one of your project's or programs or one of your members?

As well as being in the *Home and Country*, we would like to post your pictures on the WINS Facebook page. It is another way to promote the work of WI.

To make it easier for submitting photos, changes are being made to the online Monthly Report form which will allow you to directly attach your photos. Photos can also be emailed to the WINS Office or to the editor.

Please note the deadlines for each issue, and submit your stories and pictures to the Office or myself by the published date. The next due date is January 5.

If we have incorrectly noted some information, please let us know and we will correct it in the next issue.

Thank you!

Sincerely,
Lynn MacLean, Editor

jennielynnmaclean@gmail.com



2018

WINS Handcraft Competition

Tea Cozy - any material

WINS Raffle Fundraiser is a queen sized quilt

Tickets \$2 each or 3 for \$5

**Contact: WINS Office or your District
Director for more info**

Note from W.I.N.S. President

I trust that everyone had a good Summer; it would seem that it is continuing into Fall with the hot, sunny, humid days breaking records which were set in the sixties.

The District meetings begin in a few weeks and I am looking forward to attending Queens, Hants Central, Cumberland/Colchester, Kings West and Kings East. Unfortunately, I had to decline two invitations due to other commitments.

Women's Institutes of Nova Scotia Alumni meeting was held at the Gladys M. Manning Retirement Home in Windsor and was hosted by Hants West District. Goldie McDow welcomed 25 members. As the meeting began, another WI member arrived, Julia Llewellyn. It was so good to see Julia after the stroke she suffered in BC at Christmas; she is now in the Wolfville Nursing Home Ltd. For many years, Julia was the Secretary/Treasurer for WINS Alumni and she was able to answer questions arising from the previous meeting. Members voted to donate \$200 to the WINS office for the purchase of toner cartridges for the laser printer. Lynn MacLean gave a presentation on behalf of the Think Tank on the results of the Spring Survey which the WI members completed at the Spring District meetings. A discussion ensued with questions, ideas, and suggestions for the changes that must be made for a more efficiently run organization. A motion was made that the Think Tank assist the Board of Directors with the writing of the wording for the implementation of any changes required for the By-Laws of WINS Handbook (wording not verbatim). The motion was passed.

After an excellent lunch prepared by the Home, we exercised our vocal cords accompanied by a classically trained pianist. Several members then had a tour of the Dill Farm, by Diane Dill, explaining how their famous Giant Pumpkins are grown.

The WINS Board meeting will be held in Truro Oct 13th/14th at the Willow Bend Motel and the Think Tank will present their recommendations for the future structure and operation of WINS. It is time for change; many members are now receiving their Home & Country online hence reducing the printing and mailing expense. Every cent counts.

Enjoy your District meetings! I know that I will enjoy all that I attend and will learn something new at each one. Also, the Fall scenery is breathtaking across the province.

W.I.N.S. President
Sheila Richards



W.I.N.S. Alumni recently met at the Gladys M. Manning Retirement Home. The Alumni consists of members who have served on the Provincial Board. Those gathered were delighted that Julia Llewellyn who has been the Secretary Treasurer for many years was able to join the meeting.

Dropping In on Central Area Branches

Belnan filled out their program booklets for the year at their September meeting, where roll call was members sharing their summer activities. **Gore** also shared their summer activities and adventures for roll call at their September meeting. In April, **North River** had Louie Grady as a guest speaker. Louie volunteers with the Homeless Shelter in Truro and they learned about the "Coldest Night of the Year" walk to help raise funds for the new shelter being built in Truro. They attended the Spring Meeting in Parrsboro, where Mary MacPhee from the Fundy Ocean Research Centre for Energy (FORCE) was guest speaker. She explained the work being done in the Minas Passage with tidal power turbines and the effect on marine life. This was a very timely subject in this age of climate change and the need for alternate energy sources. In May, they had their regular meeting followed by their annual meeting. For 19 years, the Branch has prepared and led the North River United Church service as part of their WI Week celebration. In recent years, the service has been cancelled in February due to storms; this year the service was held in June, followed by a lunch out as the closing of the WI year. In September, they answered roll call with what they did over the summer. They heard about the first Colchester Highland Games and Gathering held in Bible Hill along with the unveiling of the Colchester (Nova Scotia) Tartan. Plans were made to host the Fall Rally in October.

Respectfully Submitted,

Coni Murray



The competition at the Hants Central Spring meeting was a floral arrangement. Above, Belnan WI friends congratulate Linda Smith for the beautiful arrangement she created with a little help from the members.

Correction

In the last Dropping In on Central Area Branches, there was an error in the report for the Belnan Branch. The calendar received was not the UK Calendar Girls issue but rather it was the Women of Today FWIC issued in conjunction with their theme "Women of Today" for the year 2008-2009. We apologize for this error.

Dropping In on Central Area Branches and Alumni



Recently, Belnan welcomed Hants Central District Director, Gerry Low, to a Branch meeting where she spoke about the Think Tank Committee and answered many questions. L-R Back: Joan Campbell, Margaret Sullivan, Ruth Gesner. Front: Gerry Low, Linda Smith. Missing from photo are Joan Wellwood and Rita Erskine.

Right: Julia Llewellyn at the 2017 Alumni meeting in Windsor. The Alumni members were very pleased that she was able to join the meeting in Windsor.



Left: Diane Dill (right) explains to Alumni members about how the Dill Farm grows the gigantic pumpkins as well as many beautiful flowers. Pictured left is Mary Kaiser, incoming President of the Alumni, and Diane Dill.



Dropping In on Eastern Area Branches

Bridgeville opened their 2017-18 year by answering roll call with a summer memory. They filled in the program book until December 2017 and made plans to attend the Terry Fox Run on Sunday, September 17th. For roll call, **Caribou** revealed their Secret Sister and chose a new one. They discussed what types of programs and crafts they would like to do this year. Members of **Fox Brook** also answered roll call with what they did over the summer. They heard a report of the AGM in Sydney and agreed to support the Breakfast Program at W. A. MacLeod School. A reminder about the District Meeting in Abercrombie on October 17th was announced. **Homeville** learned about 20 notable women who have had an impact on Canadian history. A member made small bags for each member and shared how they were made. Details for upcoming Seniors' social events in the community were shared. The September program for **Lyon's Brook** was on "Getting Fit" as guest speaker, Joan Clark, put members and guests through a series of exercises. **Port Bickerton** made plans for the Fall Rally and for a Halloween social. **Sherbrooke** continue to knit baby hats and finger puppets for various hospitals as part of their Canada150 project.

Respectfully Submitted,

Coni Murray



Above: Indian Harbour Lake-Jordanville recently held a celebration for the graduates in their community. Pictured above (L-R): Owen Riley (studying LPN), Dylan MacDonald (studying Land Surveying), Tyler Hayne (studying Heavy Duty Mechanic), Wyatt Jordan (studying plumbing).

Below: Alumni members enjoyed a tour of the Dill Farm. Pictured L-R from Pictou District, Lynn MacLean, Mary Kaiser, Pat Christensen, Ellen McLean, Eleanor Lilley, and Joanne Smith, with Shirley MacIntyre, former Kings District member.



Dropping In on Southern Area Branches



Above: L-R Marg Dawe and Irene Hagar from Sable River and Area with their display at the Seniors' Expo in Shelburne.

In Memoriam

*Pearl Foster
Parkdale Maplewood*

*Lea Raven
Weston*

*Ruth Sanford
Weston*

*Joan Pettigrew
West Pugwash*

New Tusk heard a report of the recent AGM given by attendees Roberta Journeay and Loretta Mitchell. Roll call was the members' favourite summer activity. A new member, Eliner Keter, was welcomed. They distributed Operation Christmas boxes, the 105 item challenge was discussed and which charities will be supported with the items they decide to donate. They also received an invitation to visit their twin Branch, Port Williams. In August, **North Brookfield** answered roll call with suggestions for a Canada 150 float in the Caledonia Exhibition Parade in September. The program for the month was a reading of a magazine article on Izzy Dolls and on Master Corporal (M/Cpl) Mark Isfeld, Canadian Military, who started his mother making the dolls. Over 1.5 million have been distributed to date. In September, roll call was "name the teacher who had the most impact on your life". They made plans for their annual float in the Exhibition Parade, the Fall Rally and the Annual Turkey Supper. **Parkdale/Maplewood's** September program was discussion on some of the rules for running a meeting properly, which included roll call of "meeting rules". Condolences are extended to the Branch members on the loss of their long-time president, Pearl Foster, on August 29th. Vice-President Shirley Creaser has become President. **Sable River and Area's** program was on Emergency Preparation – a good reminder of all the things that can be done to help the family. Their project "Health Matters" had as a speaker, Jackie Laundry, Ambassador for Parkinson Nova Scotia. Having Parkinsons herself, she showed how she handles the disease and helps others and was able to answer all questions. A very informative program.

Respectfully Submitted,
Coni Murray



Dropping In on Western Area Branches

Cambridge heard a presentation from Jennie Jolly on “feelings” at the September meeting. A vivid demonstration using water, food colouring, and glasses of water for each member showed that when each member emptied their glass into the pitcher of tinted water and saying a kind word of comfort, the tinted water went lighter but never completely back to clear – a way to visualize hurt feelings don’t totally mend. Roll call was answered with a feeling – a time when each was happy, excited, tender, sad, etc. **Lakeville** began with an outing to visit member, Julia Llewellyn, who is in the Wolfville Nursing Home and the members enjoyed supper at Sterling’s. They catered to the Scottish Dancers Camp, which had people from across Canada and the United States, with a Casserole Supper and catered a Soup Luncheon to the 61st NSAC Reunion. They plan to visit the Kentville Museum in October and hold a Soup Luncheon. **South Berwick** enjoyed a program presented by a local pharmacist on Herbal Medications and learned how they might pose a problem if taken with prescribed medications. They are planning to celebrate Canada 150 later in the Fall.

Respectfully
Submitted,
Coni Murray



Recently, seven members from Lakeville joined seven members from Grand Pre, along with Liz Johnson, District Director. The members toured the new Horton Ridge Malt House and reported that the site is definitely worth a visit for the view and education, even if you are not fond of the taste of brew. They returned to the Grand Pre Hall to celebrate Canada's 150th birthday with their twin Branch. Everyone gathered around a large family style table decorated in red and white and to share stories, songs, and readings. A special cake (dairy/gluten free, reduced sugar and un-iced) made so all members with food allergies and/or diabetes could enjoy, was served along with tea. Above: L-R Lakeville Branch President, Marilyn Kenny, Liz Johnson, and Margaret Keppie.

Below: The members from Grand Pre and Lakeville Branches who enjoyed the get-together.



Dropping In on Western Area Branches



Right: Last Winter, members from the Lakeville Branch made knitted dolls, toe socks, baby afghans, finger puppets, and newborn caps for the Valley Regional Hospital. Pictured making the presentation are L-R: Adeline Blatt, Margaret Hall, Joyce Keddy, Linda Hart, Diane DeVries, and Phylliss Porter.

Below right: Lakeville member, Phyllis Porter, center, recently celebrated her 90th birthday at her daughter's home. Lakeville members, Linda Hart, left and Adeline Blatt and her husband, Roger, offer congratulations to Phyllis.



Above left: Members from Lakeville celebrate Canada 150 by telling what they love about living in Canada and posting these ideas on hearts which were displayed in their Hall.

Right: In September, members from Lakeville surprised one of their former members, Julia Llewellyn, by arranging to hold their meeting at Wickwire Place where Julia resides. Pictured are: Adeline Blatt, Margaret Hall, Cathy Kinsmen, Diane DeVries, Joyce Keddy, Yvonne Laker, Julia, Evon Dukeshire, and Hetty Bosveld.





Associated Country Women of the World (ACWW)

Each Triennium, at the Canada Area Conference the Societies select projects they will fund. As mentioned in the last *Home & Country*, the two projects that ACWW Canada Area is supporting are in Guatemala and Romania. Donations can be sent to ACWW Canada Area President, Sheila Needham (Address on last page of Home and Country) or to the Provincial Office. Please indicate the project number on your cheque.

Guatemala SOCIETY: Fundación Junkabal PROJECT: Fertilise your Future **PROJECT NO: 1,022** ACWW GRANT: £5,807* (£2,000 available to pledge) This project seeks to promote integral vocational training for 45 women so that they can be active agents of prosperity within their community. The beneficiaries are women aged 15 to 25 years, living around the municipal garbage dump of Guatemala City, who have not been able to complete their education and lack a sustainable livelihood or income with which to support their families. The training will include workshops on the subjects of 'Values & Virtues' and 'Discover your Strengths and Vocation', so that the beneficiaries can discover their own value and abilities and build up their self-esteem. Personal interviews will be held with each beneficiary to help them to find out what income-earning activities interest them, and they will be registered with suitable vocational training schemes, for example in hairdressing, catering, pastry-making or computers. It is expected that the beneficiaries will be able to improve their livelihoods considerably as a result of the project, either by setting up small businesses within their community or by finding employment in the formal economy. On completion of their training, the women will be part of Junkabal's social programme and will be able to access further workshops and be part of its network of continuous support, including access to health clinics. Junkabal will monitor this project closely by means of regular visits to the women's homes and the community in order to understand the challenges they face and to assess the use they are making of their newly-acquired skills.

Romania SOCIETY: Women's Association from Sibiu PROJECT: Art Therapy **PROJECT NO: 1,015** ACWW GRANT: £8,388* (pledges & donations received; amount now required: £1,238) The aim of this project is to help victims of domestic violence to regain confidence and self-esteem and look forward to an independent life. The Association opened its shelter for women and children suffering from domestic violence in 2007, and members have been working hard ever since to provide a safe, welcoming environment for users of the shelter, and to equip them with skills and the means to move forward with their lives. Materials will be purchased and trainers appointed, so that the beneficiaries can be taught 'quilling', an art form involving the use of strips of paper which are rolled, shaped, and glued to make decorative objects, such as pictures, photo frames, greetings cards, coasters, candlesticks, etc. The training and the activity will be carried out for 12 months, but after two months, the beneficiaries will be involved in advertising and selling the objects they have created. It is expected that the children will participate as well, according to their ages and abilities. By learning how to create beautiful things and by developing their physical, social, and intellectual skills, it is hoped that the beneficiaries will have a more positive outlook than before, and feel better able to live independently. Items made as a result of the project will be advertised by means of flyers and sold at bazaars, local events and the Association's website. The money earned will be used to help fund the operating costs of the shelter.



Friendship Link: Expand your network of friends by corresponding with other WI members. Currently there are women from the United States who would like to connect with WI members in Nova Scotia. If interested contact Judy at judithanne@eastlink.ca. You will be glad you did! For further information on ACWW, check out the website at: www.acww.org.uk. Log on to the member area with the following password **acww2016portal**.



FWIC Projects are “Adopt A Shelter”, “Fidget Quilts”, and the “Great Canadian Quilting Bee”.

For more information, please contact Norma at norma4qwi@gmail.com.

FWIC National Convention: July 13-16, 2018 in Winnipeg, Manitoba. Watch for more details in the next issue of the *Home & Country*.

Fundraisers: Federated Women's Institutes of Canada is selling jam sets as a fundraiser. Get 2 jars of jam from PEI Preserve Company (Orange with Chivas Regal and Wild Blueberry) for \$15. Please contact the WINS Provincial Office or Coni Murray to obtain a set. Only 25 boxes available in Nova Scotia on a first come, first served basis.



FWIC is also selling tickets on the quilt, “A Story in Patchwork” that was shown in the last issue of the *Home & Country*. Contact the WINS Office or Coni Murray for more information. Draw date is July 13, 2018 in Winnipeg.

If you or your Branch would like to receive the monthly FWIC Bulletin, sign up at www.fwic.ca.

Reach for the Stars Membership Challenge Welcome to our new members for 2017-2018!

One Star

MacPherson's Mills: Kim White
New Tusk: Eliner Keter
Port Williams: Nancy Blenkhorn
Spanish Bay: Margie MacNeill

Four Stars

West Pugwash: Linda Chesnutt
 Donna Rhindress
 Jan Saunders
 Suzanne Strang

Seven Stars

Port Hilford: Carol Banks
 Deborah Banks
 France Lapratte
 Nora Hodder
 Leigh MacFarlane
 Nancy MacFarlane-Smith
 Maria Wolke

Please remember in order to be listed and recorded in the Membership Challenge, new members' names must be submitted to the Office with their membership dues. If you require a new member form, please contact the Office or go to the WINS website. Errors or admissions should be reported to the Office as well.

Seasons Greetings



*May your holidays
be happy days
filled with love and laughter
And may each day
Bring joy your way
in the year that follows after!*

Women's Institutes of Nova Scotia

Christmas Office Hours

Closing at noon on

December 21st, 2017

and will reopen at 8 am on

Wednesday, January 3, 2018.

Email and telephone messages will not be monitored during the office holiday closure.

Board of Directors

President: Sheila Richards, 902 895 7172
sheila.richards.sr@gmail.com

President-Elect: Eleanor Lilley, 902 485 9284
edenlake@eastlink.ca

Annapolis: Ellen Simpson,
e.simpson@ns.sympatico.ca

Cape Breton: Cheryl Durham, 902 595 2771
cheryly1990@gmail.com

Cumberland-Colchester: vacant
Digby: vacant

Guysborough: Sharon Reid, 902 522 2393
sharon.reid777@gmail.com

Hants Central: Gerry Low, 902 883 7840
rockn_nannie@hotmail.com

Hants West: vacant

Kings East: Liz Johnson, 902 542 5314
johnsone@ns.sympatico.ca

Kings West: Judith Parks, 902
judithanne@eastlink.ca

Lunenburg: Vacant

Pictou: Eleanor Lilley, 902 485 9284
edenlake@eastlink.ca

Queens: Sharon Crooker, 902 682 2284
d.crooker@hotmail.com

Shelburne-Yarmouth: Marg Dawe, 902 656 3276
dawemargaret40@gmail.com

Past-President: Coni Murray, 902 895 9829
conimurray8@gmail.com

FWIC Executive Officer: Coni Murray

FWIC Board Member: Sheila Richards

ACWW Area President for Canada

Sheila Needham, 19 Cameron Rd.,
Bolton Est, QC, J0E 1G0 450-292-5612

FWIC President

Linda Hoy

77 Route 105, Cookshire-Eaton, QC, J0B 1M0

ACWW World President

Ruth Shanks Am—Australia

Office Administrator: Lindsay Murray, Suite 207
90 Research Drive, Bible Hill, NS, B6L 2R2

Phone: 843-9467 Fax: 843-1030

Email: novacotiawi@eastlink.ca

Website: www.winovascotia.ca



Women's Institutes of Nova Scotia